**Measuring Mealworms**

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Tips: the larva are “squishy” or easy to hurt. A good way to gather information your mealworm is to gently handle them:

1. Empty the container gently on an empty desk top
2. Route through the oats looking for movement, molted skin, etc
3. Use a flat piece of paper to gently slide under your larva
4. Place larva in the middle of your desk
5. Use a string to lay out alongside your mealworm and mark with a pen or marker to the end of the mealworm
6. Using a ruler, lay out the string at zero to measure the length of the mealworm larva
7. Repeat for each mealworm, use a paper to slide underneath to return them to their habitat

\***remember-be gentle and respectful, these are living things**